

Yoga & Meditation Retreat Reservation Form

July 24th- 28th, 2019 at The Lodge, NS

Full details are available at www.sailloftyoga.com

Name(s): _____

Address: _____

Phone (home): _____ (mobile): _____

Email: _____

How did you find out about the retreat: _____

Medical Conditions: _____

Dietary Restrictions/Allergies (if you are joining us for the meal plan, or planning to drop in for meals):

Emergency Contact: Name(s): _____ Relationship: _____ Phone number(s): _____

Deposit: (\$150) is required to reserve your space; payable by VISA, MasterCard or Cheque, or pay in full (\$500, or \$650 if booked after March 15th, 2019. Taxes are an additional 15%):

- Cheque enclosed
- Please charge my credit card VISA or MasterCard # _____ Exp.Date: _____ Sec.Code _____
Name on the card: _____
May we charge the balance to your credit card when it is due (June 24, 2019)? _____

Travel Accident & Cancellation Insurance:

- I will follow the link on the left side of the Freewheeling insurance webpage: <http://freewheeling.ca/insurance.html> and secure my insurance from there.
- Please email insurance quotes. My/our birthday(s) is/are ____/____/____ & ____/____/____
- I/We do not want cancellation insurance, or have secured it from another source. I/We understand that we may lose deposits if we leave or cancel our trip.

Lodging:

- I will arrange my own lodging using the resources at www.sailloftyoga.com.
- I would like to book ____ nights of dormitory style lodging, if available, close to the studio space (\$35 per night, or \$90 private room, breakfast not included)
- I would like to be connected with other retreat participants interested in renting a nearby cottage

Meal Plan:

- I would like to include the meal plan @ \$175 for 7 meals, plus tax (\$26.25).
- I will pay for meals on a drop in basis, or plan my own.

Independent Bicycle Rentals:

- Hybrid bikes (comfortable, light, adjustable, good for paved and unpaved roads) \$145 per week or \$30 per day for ____ days
- Racing/road bikes (aluminum with carbon fiber forks, best for paved roads only) \$265 per week or \$55 per day for ____ days
- Premium racing/road bikes (full carbon fiber, best for paved roads only) \$395 per week or \$75 per day for ____ days

To size your bicycle properly, please provide your height(s): _____

Reservations can be made with VISA, MasterCard or cheque, by fax (902-857-3612), mail (Freewheeling Adventures 2118 Hwy 329 Hubbards NS B0J1T0), email (Adventure@freewheeling.ca or cathy@freewheeling.ca) or phone (1-800-672-0775)

A deposit of 30% is required to reserve your space, and the balance is due 30 days before the retreat begins.

TERMS & CONDITIONS

Cancellations

Cancellations must be received in writing, and are subject to the following refund conditions:

- Cancellations received in writing at least 60 days in advance of start date will receive a 50% refund of any deposit paid.
- Cancellations received between 60 and 30 days ahead will forfeit deposit.
- Cancellations within 30 days require full payment of the tour cost

Insurance

Travel accident and cancellation insurance is strongly recommended. If you do not have it through your credit card or another source, you can easily purchase insurance through this site: <http://freewheeling.ca/insurance.html>. You can also request insurance quotes to be emailed to you; we will require your birthday to provide accurate quotes.

Our Changes

We reserve the right to change prices and itineraries without notice. If relevant currency exchange differs significantly between advertised print date and final balance due date, we reserve the right to apply fair adjustment to the final balance. We reserve the right to cancel trips when circumstances make it necessary, in which case a full refund will be made to any registrants. We guarantee your dates upon booking, with the following conditions: If there are fewer than four participants in your trip, three to four weeks prior to departure you may be given the choice of switching to self-guided, paying a premium to keep the trip guided, switching to another guided adventure, or cancelling for a full refund.

We reserve the right to deny participation to anyone endangering or disrupting the enjoyment of any other trip participants, in our estimation.

Tax

The retreat and day trips are subject to 15% sales tax.

All details, conditions and pricing are subject to change without notice.

Waiver:

We acknowledge that our trip or excursion with Freewheeling Adventures/Sail Loft Yoga will be subject to the terms and conditions of Freewheeling Adventures' and Sail Loft Yoga standard forms of agreement. We understand that these terms include that Freewheeling Adventures/Sail Loft Yoga will not be held responsible for any loss or damage suffered by any person, in traveling to or from the trip, or before, during, or after the trip, for any reason whatsoever. We also understand that all risks involved in the taking of the trip are assumed by the participant, as are costs incurred for emergency services. We acknowledge that the forms of the Agreement are immediately available at the offices of Freewheeling Adventures, and will be provided to us as part of our booking materials, or immediately for our review upon request. We understand that we must sign a copy of the agreement with its complete terms and conditions before commencing our tour.

Signature: _____ Date: _____